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| Branch of Service | Location & Contact |
| Family Assistance Centers (National Guard, & any branch of service | AR State Family Program Office, 7301 Kansas Ave., N. Little Rock, AR, 72119. 501-212-4034, 501-416-2093 (cell) |
| Air Force | Little Rock AFB, 1500 Vandenberg, Little Rock AFB, AR 72099. 501-987-1110. Airman and Family Readiness Center: 501-987-2667 – EFMP Family Support: Bldg 940 Arnold Dr. Little Rock AFB, AR 72099. 501-987-2667. SLO, same # |
| Air Force Reserve | See Little Rock AFB above |
| Air Force Recruiting | Recruiter families receive EFMP services at their nearest AF installation  |
| Army | Pine Bluff Arsenal, 10020 Kabrich Circle, Pine Bluff, AR 71602. 870-540-3000. EFMP Family Support, 16050 Sybert Road, Attn: ACS/EFMP, Pine Bluff Arsenal, AR 71602. Phone 870-540-3588. School Liaison Office: 870-540-3927. |
| Army Reserve | Fort Family (national) 844-663-3269, or Pine Bluff Arsenal |
| Army Recruiting | Soldier and Family Assistance Program (all locations across country) 1-800-790-0963. Identify the family who needs assistance by their location in the state and their battalion. |
| Coast Guard | HSWL RP DET St. Louis, 1222 Spruce St. RM 2. 102 C, St. Louis, MO 63103. 314-269-2435. District Manager: 314-269-2346 |
| Marine Corps | n/a |
| Marine Corps Reserves | n/a |
| Marine Corps Recruiting | Marine Corps Recruiting District Parris Island, 283 Blvd De France, Parris Island, SC 29905. EFMP Parris Island: 843-228-7752 |
| Navy | n/a |
| Navy Reserves | c/o: Navy Region Mid-Atlantic RCC Great Lakes C/ O CNR Mid-Atlantic Naval Station Great Lakes EFM Liaison, (847) 688-3603 x119, 792-3603 x119 |
| Navy Recruiting | Navy Recruiting families receive EFM services at the nearest Navy installation. They have an assigned EFM Navigator who they can contact through NAFSA. Further assistance: 1-866-827-5672. |