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| Branch of Service | Location & Contact |
| Family Assistance Centers (National Guard, & any branch of service | Family Assistance Coordinator: Military Service Center-Bismarck, 1850 E Bismarck Expy, Bismarck, ND 58506 701-333-4805 |
| Air Force | Grand Forks Air Force Base, Steen Blvd. Front Gate/Visitors Center 319 FSS Grand Forks AFB, ND 58205. 701-747-4270 AFRS EFMP 701-747-6434, Minot Air Force Base, 196 Missile Avenue Minot AFB, ND 58705-5003. 701-723-4066 : Airman & Family Readiness Center 701-723-3950, School Liaison: 701-723- 1447 |
| Air Force Reserve | N/A |
| Air Force Recruiting | 343rd Recruiting Squadron, 106 Peacekeeper Dr., Bldg 313, Offutt AFB, NE 68113, Phone: 402-232-3343 Offutt AFB Exceptional Family Member Program (EFMP) 402-232-3716 |
| Army | N/A |
| Army Reserve | Fort Family (national) 844-663-3269 |
| Army Recruiting | U.S. Army Recruiting Battalion Minneapolis, BHW Federal Bldg, 1 Federal Drive, Suite 2916 Fort Snelling, MN 55111-4007. Soldier Family Assistance Program: 612-725-3120, 877-672-1052 |
| Coast Guard | Family Resource Specialist: HSWL RP DET St. Louis 1222 Spruce St. RM 2. 102 C St. Louis, MO 63103 314-269-2435 (phone); Regional Manager 314-269- 2346 |
| Marine Corps | N/A |
| Marine Corps Reserves | N/A |
| Marine Corps Recruiting | Marine Corps Recruit Depot, San Diego Intl, San Diego, CA 92101. Base: 619-524-8726. EFMP 3062 Hochmuth Ave., Bldg 6E 619-524-0916. |
| Navy | N/A |
| Navy Reserves | Navy Region Northwest RCC Everett, WA EFMP: 425-304-3714 |
| Navy Recruiting | Navy Recruiting families receive EFM services at the nearest Navy installation. They have an assigned EFM Navigator who they can contact through NAFSA. Further assistance: 1-866-827- 5672. Also, C/ O CNR Mid-Atlantic Naval Station Great Lakes EFM Liaison, (847) 688-3603 x119, 792-3603 x119 |